

YOUTH ALIVE



FOR 10-19 YEARS

FREE OR LOW COST

JOIN IN NOW



DO YOU WANT TO?

- LOOK AFTER YOUR WELLBEING
- BUILD YOUR CONFIDENCE
- FEEL EMPOWERED
- LEARN A NEW SKILL
- BUILD ON YOUR HAPPINESS
- TAKE PART IN PHYSICAL ACTIVITIES

- ACTING
- COOKING
- FOOTBALL
- MINDFULNESS
- MUSIC
- BASKETBALL
- TEAMSPORTS

GET INVOLVED

DO YOU LIVE IN THE EDMONTON AREA ?

EMAIL: socialprescribing@enfieldva.org.uk

TEL: 0208 373 6268

www.new.enfield.gov.uk/healthandwellbeing

